

**APRIL 2016 CABOT
CALENDAR OF EVENTS BY CHERRY GODWIN**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CABOT CENTER 843-2196 LONOKE OFFICE 501- 676-6971	CADC/SCAT VAN 1-501-676-0019 CARELINK 1-800-482-6359			1 8:00 FREE-TIME 10:00 BALL GAME 11:30 LUNCH
4 8:00 FREE-TIME 9:00 WELLNESS CLINIC 11:30 LUNCH 12:00 DANCE CLASS	5 8:00 FREE-TIME 9:00 CERAMIC CLASS 10:00 PEPPi EXERCISE 11:30 LUNCH 12:00 DANCE CLASS	6 8:00 FREE-TIME 10:00 BALL GAME 11:30 LUNCH	7 8:00 FREE-TIME 10:00 PEPPi EXERCISE 11:30 LUNCH	8 8:00 FREE-TIME 10:00 BALL GAME 11:30 LUNCH 12:00 SHOPPING AT EDWARDS
11 8:00 FREE-TIME 9:00 WELLNESS CLINIC 11:00 SPEAKER 11:30 LUNCH 12:00 DANCE CLASS	12 TRAVLERS GAME 8:00 FREE-TIME 9:00 CERAMIC CLASS 10:00 PEPPi EXERCISE 11:30 LUNCH 12:00 DANCE CLASS	13 8:00 FREE-TIME 10:00 BALL GAME 11:30 LUNCH	14 8:00 FREE-TIME 10:00 PEPPi EXERCISE 11:30 LUNCH 12:00 BINGO WITH RAY	15 8:00 FREE-TIME 9:00 TRIP TO OZARK FOLK CENTER 11:30 LUNCH
18 8:00 FREE-TIME 9:00 WELLNESS CLINIC 11:30 LUNCH 12:00 DANCE CLASS	19 8:00 FREE-TIME 9:00 CERAMIC CLASS 10:00 PEPPi EXERCISE 11:30 LUNCH 12:00 DANCE CLASS	20 8:00 FREE-TIME 10:00 BALL GAME 11:30 LUNCH	21 8:00 FREE-TIME 10:00 PEPPi EXERCISE 11:00 MEDICARE MINUTES 11:30 LUNCH	22 8:00 FREE-TIME 10:00 BALL GAME 11:30 LUNCH 4:30 SUPPER NITE OUT TO BIG BENS
25 8:00 FREE-TIME 9:00 WELLNESS CLINIC 11:30 LUNCH 12:00 DANCE CLASS 5:30 AARP	26 8:00 FREE-TIME 9:00 CERAMIC CLASS 10:00 PEPPi CLASS 11:30 LUNCH 12:00 DANCE CLASS	27 8:00 FREE-TIME 10:00 BALL GAME 11:30 LUNCH	28 8:00 FREE-TIME 10:00 PEPPi EXERCISE 11:30 LUNCH WITH BIRTHDAY CAKE	29 8:00 FREE-TIME 10:00 BALL GAME 11:30 LUNCH