

**FEBRUARY 2024, DES ARC SENIOR CENTER...
 Serving Lunch @ 11am (w/Milk Or Tea)
 Activities Begin @ 9am... Medicare &
 Nutritional Ed. Offered Monthly... Ageless
 Grace , Super Noggin & Line Dancing Classes
 Scheduled Below**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|-----------------|
| | | | | | | 3 |
| | | | | 1 gam Games 9:30 Ar. Health Mobile Unit 10am Ageless | 2 gam Games 11:45 Line Dancing | HEART HEALTH |
| 4 gam Games 10am Ageless Grace BINGO | 5 gam Games 10am County Extension w/Emily | 6 gam Games 11:45 Maple Health - Ageless Grace | 7 gam Games 10am Magic w/ Danniel 11:45 Super Noggin | 8 gam Games 9:30 Batesville - Quilt | 9 gam Games 10am Line Dancing 12-3 CUPUID | 10 |
| 11 gam Games 10am Chair Yoga w/Leigh Ann | 12 gam Games 10am Ageless Grace | 13 gam Games 10:30am Grace | 14 gam Games 10am HAPPY HATS---Super Noggin | 15 gam Games 10am Line Dancing | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Closed | gam Games 10am Ageless Grace 11:45 Line | gam Games 10am Quilting | gam Games 10am Super Noggin | gam Games 10am Ageless Grace | | |
| 25 gam Games 10am Medicare Info. | 26 gam Games 10am BINGO w /Kelly | 27 gam Games 10am Line Dancing 11:45 Maple Health Care Ageless Grace | 28 gam Games 10am Heart Health w/ Center On Aging | 29 | | |