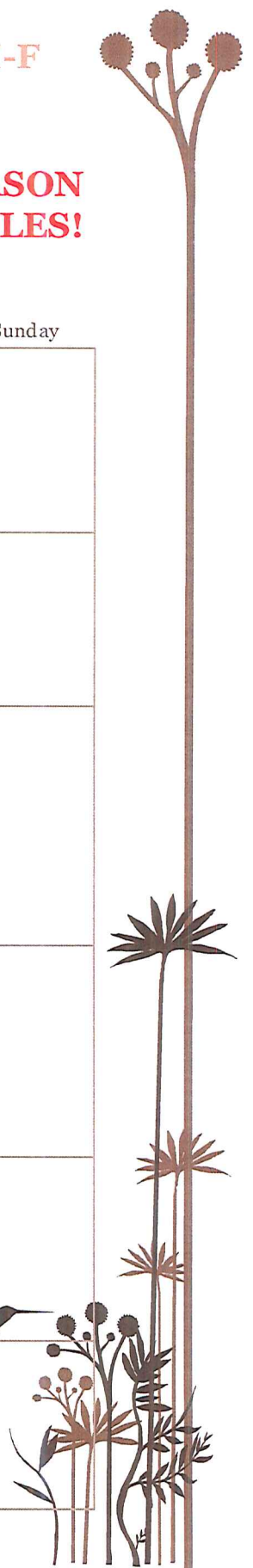
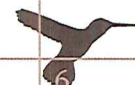
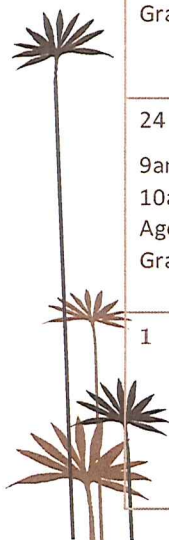


DES ARC SENIOR CENTER, SERVING LUNCH M-F
 11am ACTIVITIES BEGIN @ 9am. WE OFFER
 MEDICARE & NUTRITIONAL ED. MONTHLY.

June ,2024

BE THE REASON
 SOMEONE SMILES!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27 NOTE; AMOB Will change from MAY 29th to 30th	28	29	30	31	1	2
3 9am Games 10am Ageless Grace	4 9am Games 9:30 Shopping & Lunch	5 9am Games 9:30 Keep Moving 10am AMOB	6 8am Fishing Trip	7 9am Games 10am Ageless Grace	8	9
10 9am Games 10am Health Topics w/ Leigh Ann	11 9am Games 9:30 Keep Moving 10am Emille w/ Extension	12 9am Games 9:30 Ageless Grace 10am Fun w/Delilah	13 9am Games 10am Ageless Grace @DANRC 11:30 AMOB	14 9am Games Ice Cream Party & ugly T- Shirt Day ☺ HAPPY FATHERS DAY	15	16
17 9am Games 10am Ageless Grace	18 9am Games 9:30 Keep Moving 10am Medicare Ed.	19 9am Games 10 Daniele W/ maple Health	20 9am Games 10am Crafts w/ Hayley	21 9am Games 10am Ageless Grace	22	23
24 9am Games 10am Ageless Grace	25 9am Games 9:30 Keep Moving 10am BINGO	26 9am Games 10am Ageless Grace	27 9am Games 10am Ageless grace @ DANRC	28 9am Games 10am BAGGO Competition	29	30
1	2	3	4	5	6	



WE ENCOURAGE LAUGHTER!